

August 21, 2021

Ps. 68:19, “Praise be to the LORD, to God our Savior, Who daily bears our burdens.” (NIV)

Can we just take a moment today and say, “Thank You Jesus, for bearing my sins upon the cross and paying the price for my salvation!” I mean, in the context of everything else in this life, nothing compares to this amazing fact and extraordinary act. And, not only did He take our punishment upon the cross, He daily bears our burdens. The Hebrew word is **yaamas** which means *to carry an overwhelming load*. I dare say that the burdens we all face can be somewhat overwhelming. You may be hurting spiritually, financially, physically, emotionally or all of the above. He is willing and able to carry you through the midst of any struggle you are facing.

I think of David and the many times he called out to the LORD. He was chosen by God to be King of Israel, but the current King, Saul, was not going to give up his throne. Instead, he sought to kill David. Instead of amassing an army to come and take over the throne, David relied on the timing of God because he knew that wherever God guides, He always provides. And so, David waited upon the LORD. He was used as the mighty King of Israel and the other nations looked to him in awe. The LORD was daily bearing David’s burdens and He will do the same for us. Call upon Him and He will be there to lift you up and protect you.

Dear Father, we call upon You today. We look to You because you are our very present help in times of trouble. You are our hope and our salvation. We praise You LORD above all. In Jesus Name, Amen